# AND FOR WOMEN IN SCIENCE

Washington Wire Edited by Rachel Britt Issue II June 2016

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Dear Rachel,

It's no secret that Washington, DC is the heart of policy and legislation in the U.S. The Association for Women in Science felt it was time to be closer to the action, so we've moved to the nation's capitol.

As of today, our new contact information is:

1667 K Street NW Suite 800 Washington, DC 20006

(202) 588-8175

## **Member Profile**

Rachel Britt Member Type: Professional Member Expiration: 6/4/2016 0:00

## **Featured Jobs**

Tenure-line Faculty Position Stanford University Stanford, CA Hope you all have a happy and safe 4th of July!

Sincerely,

Meredith Gibson Chief Operating Officer Association for Women in Science

## Careers

Contributed by Mrinalini Muralidharan

## Media Coverage Bad for Women CEOs

When a woman is appointed to lead a major public company these days, it often becomes a major media event. Researchers find this may temporarily cause company stocks to drop. Smith and coauthors suggest this may be due to anticipatory bias, i.e. acting in response to how we think others will behave, rather than an investor's own gender bias.

#### No news is good news

## The Persistent Mythology of Catty Women

The biggest enemy of women, we're warned, is a powerful woman, yet research shows otherwise. In a study of high-potential leaders, 73% of female leaders mentored women, but only 30% mentored men. Also, 65% of women who received mentorship paid it forward by mentoring others. Female mentors of female mentees, can pay a steep price for their service, as it can be perceived as nepotistic. Sandberg argues that queen bees aren't the reason for inequality, but the result of it.

Ding dong, the queen bee is dead

Clinical Specialist, Pediatric Nutrition Abbott Abbott Park, IL

Environmental Health Division Director State Hygienic Laboratory University of Iowa Coralville, IA

<u>Click here to visit</u> <u>the AWIS Career</u> <u>Center</u>!

# AWIS Member Spotlight



#### Angela Danboro

Angela is a visiting scholar at the University of Kansas, visiting from Ahmadu Bello University in Zaria, Nigeria. An AWIS member since 2014, Angela's focus is on molecular biosciences.

> Learn more about Angela here.

# **Education**

Contributed by Michelle Gomes

## STEM Educators Fear New Spending Bill

Federal grants have helped teachers find new ways to teach science at U.S. schools. The fate of federally funded programs to improve STEM education is in question due to Senate appropriations for a new education bill that would reshuffle money allocated for STEM activities. According to the bill, the Math and Science Partnership program would be eliminated, and science activities would compete for money from the Student Support and Academic Enrichment Grants.

STEM funding

# Education Enables Afghan Women in Media to Share Their Stories

Media coverage of women's issues in Afghanistan is limited to foreign journalists or Afghan men. This results in an incomplete view of life in Afghanistan. A new program developed by senior correspondent for Reuters Amie Ferris-Rotman, called "Sahar speaks," uses journalism as a tool to educate, empower and employ Afghan women such that their voices reach a global audience.

Sahar speaks

# **Science and Technology**

Contributed by Lauren M. Dembeck

## NIH Study Shows Intensive Glycemic Control Leads to Less Diabetic Retinopathy

About 7.7 million Americans are affected by diabetic retinopathy, which can cause distortion and loss of vision. The Action to Control Cardiovascular Risk in Diabetes (ACCORD) Trial Eye Study was led by Emily Chew, M.D., deputy director of the National Eye Institute Division of Epidemiology and Clinical Applications. In a follow-up four years after therapy, patients with type 2 diabetes who intensively controlled their blood sugar level during the study were found to reduce their risk of diabetic retinopathy by half.

Preventing blindness

# Astronomers Discover First Magnetar with a "Wind Nebula"

Magnetars are rare, ultra-magnetic neutron stars that are the strongest magnets in the universe. A wind nebula is a vast cloud of high-energy particles. A wind nebula recently discovered around a magnetar may provide new insights into the magnetar's properties, environment, and outburst history.

Mysteries of the universe



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#### Join the Conversation!



## **Work-Life Integration**

Contributed by Sophia Jeon

### Try Using a Points System to Maintain Work-Life Balance

Pat Gelsinger, CEO of VMware, is a big believer in work-life balance and has written two books on the subject. In a recent interview with the Wall Street Journal, he shared his secret to achieving balance: a points system that prevents him from spending too much time at work. He admitted to previously being a workaholic, which is difficult to avoid in Silicon Valley's onerous work culture. However, the points system he created, and his secretary tallies for him, seems to be working well. The more time he spends with his family, the more points he gets.

Score more points

## South Korea Pushes for Legislation to Ban Bosses from Bothering Staff at Home

Hyper-wired South Korea with its high speed internet and cutting edge smartphones is concerned increased use of electronic gadgets for work makes work-life balance more difficult. More than 80% of South Koreans own smartphones, and over the last several years it has become the norm for bosses to text employees after work or on weekends. Employees are now demanding to be able to disconnect from work. Last week, a bill that proposes to ban managers from emailing or text messaging staff about work after official work hours was submitted to parliament. Similar legislation has been proposed in France and Germany.

No after-work emails

# Did Yours Make the List? Top 150 Places to Work in Washington, DC

The Washington Post annually identifies the best places to work in the Washington, DC metropolitan area, and 150 organizations made the cut this year. The list focuses on a variety of factors such as the quality of leadership, pay and benefits and work-life balance. What's interesting is that nearly 65% of employees in the greater Washington area feel there isn't a lot of negativity in their workplace. Compare this to the national average of 58%! In addition, employees seemed to care most about feeling appreciated, reaching their full potential, and having confidence in their leader.

## See the list

## Health

Contributed by Keng Jin Lee

## Latest Weight Loss Device Might Promote Unhealthy Eating Habits

The Food and Drug Administration (FDA) approved a weight loss device that literally pumps food out of a person's stomach after they eat a meal, leading some to criticize the move as "assisted bulimia." However, the FDA stressed in a statement that the device is not meant for anyone with an eating disorder and should only be used by adults who have failed to lose weight through non-surgical methods.

Stomach sucker

## Chronic Diseases Linked to Longer Working Hours

Think spending too much time working is bad for your health? Well, you might be right. A new study showed that women who worked 60-plus hours every week over three decades have triple the risk of early-onset diabetes, heart disease, arthritis, and certain kinds of cancer compared to women who work a more standard 30- to 40-hour week. Interestingly, these effects were not noted among men, suggesting unequal distribution of domestic labor may magnify the effects a long workweek.

Put your feet up!

# **Opportunities**

## NSF Atmospheric and Geospace Sciences Postdoctoral Research Fellowships

The Division of Atmospheric and Geospace Sciences (AGS) awards Postdoctoral Research Fellowships (PRF) to highly qualified investigators within 3 years of obtaining their PhD to carry out an independent research program. The research plan of each Fellowship must address scientific questions within the scope of AGS disciplines. The program supports researchers for a period of up to 2 years with Fellowships that can be taken to the institution or national facility of their choice.

Full proposal deadline is January 9, 2017.

Click here to learn more.

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